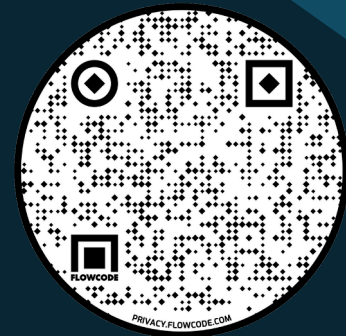


Fitness for a Cause

Looking to give back to a great organization?

The Association for Science in Autism Treatment (ASAT) promotes safe, effective, science-based treatments for autism by sharing accurate, timely, and sound information, advocating for science to guide decisions, and combating unsubstantiated and inaccurate information about autism treatment.

Learn more:
<https://asatonline.org/fundraising/fitness-for-a-cause/>



Join us virtually for a donation based class with Strong Nation Instructor Tracey Bovell!

Where can I donate? <https://asatonline.org/fitness-for-a-cause/>

<https://us02web.zoom.us/j/2231660353>

Meeting ID: 223 166 0353

September 3rd
5:00 PM EST

"Strong Nation™ is a High Intensity Tempo Training workout designed to get your heart rate pumping. The moves are aligned to the beat and all you'll need are a towel, water, a mat and the desire to have fun while getting fit! Working out is a great way to decompress. Join me and the let the music move you!" -Tracey Bovell



ASAT Real Science, Real Hope
ASSOCIATION FOR SCIENCE IN AUTISM TREATMENT